

2nd July 2018

Dear 3rd Form Parent

As we come to the end of an academic year, it seemed a good opportunity to give you some information about the PSHE programme that your son or daughter has experienced throughout their third form year.

They are taught in groups of approximately twenty pupils divided in the year group alphabetically and we run a rotation of three/four lessons with five different teachers throughout the year. Each teacher focuses upon one of the following areas:

- 1) Relationships with a particular focus upon choices and risks related to sexual relationships including contraception, understanding the importance of consent and laws relating to this.
- 2) Relationships with a particular focus upon features of positive and healthy relationships, how to deal with breakdowns in relationships including loss, separation, bereavement and access support if needed. The roles and responsibilities of parents, carers and children in families and respecting other people.
- 3) E- safety with a particular focus on the safe and responsible use of ICT and mobile devices, the risk and impact of cyberbullying and youth produced images, the positive and negative aspects of social media, the risks of uploading, downloading, and online gaming.
- 4) Relationships with a particular focus upon laws, crime and punishment and the difference between friendships groups and gangs, preventing children from radicalisation, extremism and FGM and the role of police and the criminal justice system.
- 5) Living in the Wider World with a particular focus upon democracy in the UK, the impact of the EU, the UN and Human Charter and helping students to understand their interests and strengths and values in relation to work and careers with exploration into career options.

We hope your son/daughter has enjoyed their PSHE lessons. You may find the following links useful as conversation starters at home if you wish to discuss any issues related to the content they cover in class.

Kind regards

Heather Garland and Anne Bantin

(Heads of PSHE)

E-Safety: <https://www.thinkuknow.co.uk/>

<https://parentinfo.org/>

Careers: <http://www.careerpilot.org.uk>