

Dear 5<sup>th</sup> Form Parent

As we come to the end of an academic year, it seemed a good opportunity to give you some information about the PSHE programme that your son or daughter has experienced throughout their fifth form year.

They are taught in groups of approximately twenty pupils divided in the year group alphabetically and we run a rotation of two/three lessons with five different teachers throughout the year. Each teacher focuses upon one of the following areas:

- 1) Careers, with a particular focus on employability skills, understanding the career profiling by Futurewise, making effective use of constructive criticism and thinking about making informed choices for post-18 options.
- 2) Healthy Relationships with a particular focus upon an awareness of exploitation, the unacceptability of abuse and how to seek support, understanding the consequences of unintended pregnancy and about sexuality.
- 3) Living in the wider world with a particular focus upon using memory and pre-exam coaching, positive and negative risks and personal safety.
- 4) E-safety with a particular focus on building a positive online reputation. Also the risks of online radicalisation and grooming, identity theft, malware and file sharing.
- 5) Living in the wider world with a particular focus upon rights and responsibilities at work, economic education, social and moral issues related to money, personal finance and the consequences of gambling.

We hope your son/daughter enjoys their PSHE lessons. They are given an opportunity at the end of each rotation to give anonymous feedback.

You may find the following links useful as conversation starters at home if you wish to discuss any issues related to the content they cover in class.

Kind regards

Heather Garland and Anne Bantin  
(Heads of PSHE)

SRE: <http://www.brook.org.uk/>

Careers: <https://www.careerpilot.org.uk/>

All Fifth Formers are also members of Futurewise and they have lots of helpful information on their website also:

<http://www.myfuturewise.org.uk/>

E-Safety: <https://www.thinkuknow.co.uk/>      <https://parentinfo.org/>