



Kimbolton School

Date:

Dear Parent/Guardian

I wish to inform you that your child ..... sustained a head injury at school today.

The nature of the head injury was .....

Your child received the following treatment .....

.....

.....

Following a head injury, it is important to observe the individual. Please be aware that if he/she complains of any of the following symptoms, then further medical advice should be sought:

- Nausea or vomiting
- Amnesia, confusion, irritable,
- Severe headache
- Pressure in head
- Neck pain
- Balance problems
- Visual disturbances blurred vision, sensitivity to light,
- Sensitivity to noise
- Dizziness or drowsiness
- Feeling slowed down
- Feeling like “in a fog” “don’t feel right”
- Difficulty concentrating or remembering
- Fatigue or low energy
- More emotional “change of personality”
- Sadness
- Nervous or anxious

Please ensure that a responsible adult supervises all bathing activities whilst your child is suffering from head injury/concussion trauma. Rest and quiet time is essential post head injury.

For more information on head injuries visit <https://www.headway.org.uk/About-traumatic-brain-injury.aspx>

Yours sincerely

School Nurse – 01480 862247

