

## Kimbolton Preparatory School Extra-curricular Activities Policy



The School believes that an active and extensive range of extra-curricular activities is of immense importance for the all-round development of its pupils. Such opportunities allow children to focus on particular personal interests or to explore new experiences; all activities are designed to contribute to the wider personal development of each and every individual.

The more informal nature of activities allows interaction between pupils of different ages and of varying abilities. They also allow staff and pupils to meet and work together outside the more formal atmosphere of the classroom and to interact with members of the school community they may not come across very frequently. Staff have the freedom to share particular skills and interests with pupils which may not be a usual part of the school curriculum.

We believe that attending clubs at lunchtimes and after school helps our pupils to learn the value of self-reliance and responsibility which in turn brings a greater maturity and confidence to their personal development. They often develop interests for life and these filter back into day-to-day school life, enriching the lives of all concerned.

Through participating in extra-curricular activities, pupils become more adept at organising their leisure time to fit in with their academic studies and they learn to decide on priorities to enable them to resolve conflicting demands. We frequently find that the busiest are often the best organised.

There are extensive games and physical education (P.E) programmes which include team games: football, hockey and cricket and hockey, netball and rounders. The P.E. programme offers a wide range of activities including: dance, gymnastics, tennis, invasion games and swimming. Our extracurricular games club programme ensures that provision promotes gender equality and provides the same opportunities for all pupils.

There are plentiful opportunities for pupils to participate in music and drama and this is complemented by activities to promote an interest in creative arts, science and technology and matters of faith.

Residential trips provide opportunities for pupils: to foster deeper relationships with peers and staff; to develop resilience, self-confidence and a sense of well-being; to engage with learning in different ways; improve in knowledge, skills and understanding; to support pupils' achievement; to boost cohesion and a sense of belonging; to provide opportunities for leadership and collaborative working; to widen and develop learning skills; to develop each pupil's understanding of their own strengths and limitations and to help children develop a sense of their place in the wider world.

High standards are expected within all extra-curricular activities and achievement is recognised. Personal achievements are valued and shared with the school.

The School encourages positive and purposeful commitment whereby self-confidence and self-esteem are promoted. Rounded individuals leave the School as caring and concerned citizens.

The following activities are available currently (Autumn Term 2021)

<https://www.kimbolton.cambs.sch.uk/prep-activities>