

March 2023

Dear 5th Form Parent

As we are approximately halfway through the academic year, we thought it was a good opportunity to raise the awareness of what we have been covering in your son/daughter's PSHE lessons in Fourth Form.

They are being taught in groups of approximately twenty pupils divided in the year group alphabetically and we run a rotation of two/three lessons on a Tuesday with five different teachers throughout the year. Each teacher focuses upon one of the following areas:

1) Ms Jackson: Careers, with a particular focus on employability skills, understanding the career profiling by Futurewise, thinking about making informed choices for A level and post-18 options.

2) Mrs Garland: Healthy Relationships with a particular focus upon sexuality, an awareness of exploitation, the unacceptability of abuse and how to seek support.

3) Mrs Walker: Understanding the consequences of unintended pregnancy

4) Headmaster: Living in the wider world with a particular focus upon using memory and pre-exam coaching, positive and negative risks and personal safety.

4) Mrs Lace: E-safety with a particular focus on building a positive online reputation. The risks of online radicalisation and grooming, identity theft, malware and file sharing.

5) Mr Leadbetter: Living in the wider world with a particular focus upon rights and responsibilities at work, economic education, how to tackle discrimination.

We hope your son/daughter is enjoying their PSHE lessons and continues to do so. You may find the links at the end of this letter useful as conversation starters at home if you wish to discuss any issues related to the content they cover in class.

We have included a link below about pornography as the Children's Commissioner published some new research (from participants aged 16-21) recently that you or your son/daughter may have seen in the news.

We cover these issues in an age-appropriate way with our students in school, with a focus upon helping our young people to know where they can seek help if exposed to inappropriate content online and understanding aspects of healthy relationships but it also helps if parents and carers are able to equip themselves to have proactive conversations with young people, and this guidance may be helpful [Guide for Parents: Young People's Advice on talking to your child about online sexual harrassment](#)

If you have any questions or feedback, do please get in contact.

Kind regards

Heather Garland and Anne Bantin

(Heads of PSHE)

Relationships and Sex Education: <http://www.brook.org.uk/>

[Understanding Sexual Behaviour in Children | NSPCC](#)

[Healthy and unhealthy relationships | Childline](#)

Careers: [UCAS | At the heart of connecting people to higher education](#)

E-Safety: <https://www.thinkuknow.co.uk/>

Link to RSE Policy: <https://www.kimbolton.cambs.sch.uk/policies>