



# Week Three Lunch

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Soup of the day</b>	Homemade Chef's Choice	Homemade Chef's Choice	Homemade Chef's Choice	Homemade Chef's Choice	Homemade Chef's Choice
<b>Main course</b>	Tandoori Chicken khobez wrap	Beef stroganoff and olive bread	Honey glazed bacon joint With a pineapple, coriander salsa	Oriental battered Korean Sticky Chicken	Freshly battered fish & Smoked haddock fishcakes Battered sausage & steak pies
<b>Special diets</b>	Please speak to our counter staff	Please speak to our counter staff	Please speak to our counter staff	Please speak to our counter staff	Gluten free battered fish
<b>Meat free</b>	Onion Bhaji Flatbread	Soy mince, bean stew with sour cream & crispy tortillas	Pea & lemon risotto Garlic doughballs	Thai red butternut squash curry	<b>Vegan Option</b>
<b>On the side</b>	Scented aromatic cous cous Green bean & peas Lemon dressed salad/mint yoghurt	Scented lemon and pea rice Seasonal greens	Steamed new potatoes Seasonal greens Roast root vegetables	Chow Mein Noodles Oriental BBQ Sauce Prawn Crackers	Chunky chips Garden & mushy peas Baked beans
<b>Pasta and jacket potato</b>	Teriyaki pork mince noodles with prawn crackers  Jackets with toppings	Jackets with toppings  Vegetable pasta bake Olive bread	Spaghetti bolognaise with herb Beignets  Jackets with toppings	Jackets with toppings  Spaghetti Carbonara with garlic bread	Jackets with toppings
<b>Dessert</b>	Syrup sponge & custard  Chocolate tart  Selection of Fruit & yoghurt pots	Warm chocolate, beet brownie  Sweet potato, carrot muffin  Selection of Fruit & yoghurt pots	Apple & cinnamon oaty crumble with custard  Chocolate fudge bun bake  Selection of Fruit & yoghurt pots	Sticky toffee pudding with custard  Orange and carrot flapjack  Selection of Fruit & yoghurt pots	Warm banana loaf turmeric & chai seeds with custard  Chocolate chip, quinoa cookie  Selection of Fruit & yoghurt pots